

Toiyabe Road Run November 2nd, 2019



"Exercise is Good Medicine"

The 2019 Toiyabe Road Run will take place on Saturday, November 2nd at the Millpond Recreation Area. The race is a fundraiser for the Jill Kinmont Indian Education Fund, which provides educational scholarships to Native American youth. There will be a 10K run, a 5K run/walk, and a free 1K fun walk open to all ages and abilities.

Pre-registration ends on November 1st, so fill out and return the attached entry form today! Contact Toiyabe at (760) 873-8464 ext. 284 with questions.

1K (0.6 Mile) Fun Run/Walk

Participants of all ages and abilities are invited to participate in this **FREE** event. Registration is required.

5K (3.1 Mile) Walk/Run

Awards to 1st, 2nd, and 3rd place for fastest overall male and female; and to the top Native American male and female finishers

10K (6.2 Mile) Run

Awards to 1st, 2nd, and 3rd place for fastest overall male and female; and to the top Native American male and female finishers

Event Schedule and Details

Race Day Registration: 8:00 am - 8:45 am

Race Start: 9:00 am (5K & 10K)

9:15 am (1K)

Place: Main Gazebo @ Millpond Recreation Area – Bishop, CA

Registration Fees

Preregistration Race Day Family of 3 or more

5K \$20 \$25 \$50

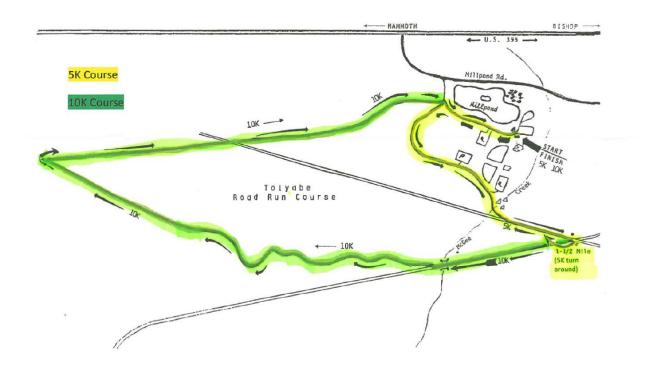
10K: \$25 \$30

1K: Free

Kids (12 and under): Free

(any event)

5K and 10K Course Layout



^{*} T-shirts are available for \$10 each on race day. Each participant needs to complete a separate registration form. Please submit completed registration forms for the entire family together.



Toiyabe Road Run 2019 Registration Form



| Name: | | | Sex: | Age: |
|--|--|---|---|--|
| Address: | | | | |
| City: | | State: | | Zip Code: |
| Phone Number: | | Email Address: | | |
| Race Entry: | Run/Walk | ☐ 5K Run/Walk | ☐ 10K R | ın |
| Amount Enclosed: Make checks payable and mail to: Toiyabe Indian 250 N. See Vee Bishop, CA 935 | | | Special Awards for Native American Participants Please enter your Tribal affiliation: | |
| this event, I certify that my you accepting my entry, I release forever any and all persons or organizations a officers, directors and emp injuries suffered by me w indemnify and hold harmle | y training and he assume all related with the ployees, and are while traveling ess: The City of Management, and all artment, and all any media taker | neath care are adequate for ated risk and do hereby forms or damages I may have the race, including but not I may and all sponsors of this to and from participating for Los Angeles, officers, em and all of their officers, er all of their officers and emplant of me and/or my children | with or in an or me to pa for myself, le or which in imited to To race; and le or the Toployees and inployees, a oyees. | y way related to my participation in rticipate safely. In consideration on my heirs, and executors waive and may hereafter accrue to me agains biyabe Indian Health Project, Inc., it responsibility to me for any and all oiyabe Road Run. Furthermore, it lessees, the US Department of the not lessees, and the County of Inyont. |
| Signature (parent or guard | ian signature if | participant is under age o | f 18) | Date |