



Toiyabe Indian Health Project
52 Tu Su Lane, Bishop CA 93514

TOIYABE
INDIAN HEALTH PROJECT

PRESS RELEASE

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CONTACT: **Serena Johnson, 760-873-8851**

Healthy Songs Featured in Concert at Big Pine Elementary

The students of Big Pine Elementary School will perform original songs at the Big Pine School District's annual Celebration of Learning event, on Thursday, May 19 at 6:00pm. Their families and the community are invited to their concert.

For the last year, grades K-5 have been busy researching and talking about eating healthy and being physically active. From these discussions, each class wrote lyrics for a song, and have been practicing singing and performing their song. Some of the songs the students wrote are titled, "Why Walk When you Can Run", "Snack Attack", and "Dad's Food". In the song lyrics, students explore their feelings and thoughts around trying to live a healthy lifestyle.

"I think that music resonates more deeply than language, and experience is stronger than suggestion," said Dan Connor, music instructor at Big Pine Elementary. "I think that in being involved in a project like this, the students' will feel a pride of ownership and will make better life choices than they would have without the experience."

Pamela Jones, Big Pine School Superintendent, shared "At the Big Pine School District we have a goal that all students will have opportunities to learn about and participate in healthy lifestyle activities. The healthy song writing project has been an innovative and fun way for us to reach that goal this school year."

With support from the Community Wellness Program at Toiyabe Indian Health Project, the project will culminate with a DVD to share the songs with the community.



Attached Photo: 4th Grade Students at Big Pine Elementary practice singing their song for the Big Pine School District Celebration of Learning May 19. The Elementary

School concert will begin at 6pm.