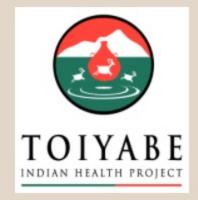
## 2015 Farmers Markets





Toiyabe Indian Health Project partners to make healthy foods affordable and available. The Public Health Institute helped evaluate two Tribal farmers markets in Bishop and Big Pine.



40 People Completed a Survey



60% BISHOP



40%



6 out of 10 People were female



7 of 10 were American Indian/Alaska Native

The Bishop and Big Pine Farmers Markets had fruits, vegetables, and herbs for sale from Tribal community gardens.



Community members collected information about eating habits and shopper experiences.



## Participants ate the following food at least once per day ...



DARK GREEN VEGETABLES 35%



ORANGE VEGETABLES 15%

OTHER VEGETABLES 40%

## As a result of the Farmers Market:

## After shopping, participants ... Ate more fruits & vegetables Ate more traditional food Better able to provide food Felt better about where their food comes from



On average,
each
participant
spent \$8.80 on
fruits &
vegetables



9 out of 10 participants purchased fruits or vegetables